

Community Ayurvedic Health Centre for City

Mysore, June 27 - An Ayurvedic Community Health Centre would soon be set up at Siddarthanagar in City, said founder Trustee of Indus Valley Federation Dr. Thalavane Krishna here on Saturday.

Addressing a press conference at the Federation premises at Lalithadripura, foot of the Chamundi Hill, Dr. T. Krishna said the entire project would be funded and managed by Indus Valley Ayurvedic Centre, a treatment cum research centre of the Federation.

The institution was committed to conduct extensive research to achieve excellence in the age old system of Ayurvedic medicine to prevent and cure ailments like cancer, diabetes, arthritis and cardio-vascular diseases. He said that there were unsubstantiated claims by other systems of medicine about curing of these diseases.

Terming Ayurveda as the most promising medical science of the fast approaching millennium as it went beyond the symptomatic treatment in allopathic medicine, he said that Ayurveda was bound to succeed as it laid impetus on prevention of occurrences of such diseases contrary to other systems which believed in either treating or combatting these diseases from escalating.

He also said people, especially in Japan and European countries, were shifting towards the centuries old system of Ayurvedic medicine which promised a

better quality of life than curing the disease.

Dr. Krishna asserted that Ayurveda had gained a status of complimentary medicine from that of an alternative medicine.

Stating that the Federation would give impetus to extensive research in the field, he advocated allopathy practitioners to study Ayurveda to achieve the required results.

Dr. U.K. Krishna, Chief Consultant said that the world had seen a major shift in the thinking of people from matter-oriented studies to energy-oriented studies which could provide Ayurveda a cutting edge to steal the march against other prevailing systems of medicine.

Stating that *panchakarma* and rejuvenation formed pillars of Ayurveda, Dr. Krishna said that the Federation was determined to conduct extensive research to make sure that this system occupied a place of pride in the next millennium.

Answering a question, Dr. Krishna said that most of the patients who came to the Centre were of foreign origin. The Centre would give a 50 per cent discount to patients of Indian origin. The Federation had so far collected 700 species of medicinal plants out of which 540 had been identified.

Federation Vice-President Mrs. Anitha Krishna and General Manager Ms. Tomoto Yagi, a Japanese, were among those present. -RNN